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· his many triathlon mishaps, including being lost at

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The anecdote is typical of Brunt's Mr Bean-like slide into the world of amateur athletics, which he has documented in the book Accidental Ironman: How Triathlon Ruined My Life. Brunt was 35 and...

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We take a flick through Brunty's Accidental Ironman

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Martyn Brunt's book Accidental Ironman - 220 Triathlon

Father Athlete Storyteller Living in Symbiosis At age 50 I went from my first triathlon to an IronMan 140.6 in 6 months. I have never met anyone who didn't

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have an inspiring story to help motivate all of us on our life's journey

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Accidental IronMan

Accidental Ironman: How Triathlon Ruined My Life (Paperback) \ Doc # 3TVOVLX7NQ Accidental Ironman: How Triathlon Ruined My Life (Paperback) By Martyn Brunt Little, Brown Book Group, United Kingdom, 2014. Paperback. Condition: New. UK ed.. Language: English . Brand New Book. Having spent 10 years scaling the lower echelons of the sport,

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Accidental Ironman: How Triathlon Ruined My Life (Paperback)

Accidental Ironman How Triathlon Ruined My Life. Martyn Brunt. \$3.99; \$3.99; Descripción de la editorial. Having spent 10 years scaling the lower echelons of the sport, the time has come for one of Britain's least successful athletes to reveal all about how he got involved in all this nonsense in the first place. Marvel as he reveals:

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Accidental Ironman en Apple Books

The story does not make any sense, mainly because I just cant see how triathlon ruined this guy's life : his

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wife is very supportive (she eventually decide to enrol in a triathlon herself), the guy seems to be quite proud to fulfill his objective of doing an IronMan and he even enrol in another one after his debut, he is quite successful a it (see his performances in cycling).

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