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~~Brain Based Study Strategies A~~

You can train your mind for enhanced performance and brain health, just as you keep the body fit by working out. Here are five science-proven strategies to build a stronger brain, based on CNN Chief ...

~~How to build a stronger brain, according to Dr. Sanjay Gupta's 'Keep Sharp'~~

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There is a saying in the Balkans that loosely translates to: "There is nothing worse than finally seeing the light, only to be plunged again into darkness." As a psychologist, ...

~~Find stress relief with these 7 surprising science-based strategies~~

These unusual stress-busters, which include looking at fractals, chewing gum and yawning, are based on science.

~~Need a quick stress reliever? Try one of these surprising science-based strategies.~~

Scientists have identified new biomarkers for brain development by studying the microbiome of extreme preterm infants.

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~~Study reveals link between microbiome, early brain development~~

Artificial neural networks modeled on real brains can perform cognitive tasks. A new study shows that artificial intelligence networks based on human brain connectivity can perform cognitive tasks ...

~~AI Networks Based on Human Brain Connectivity Can Perform Cognitive Tasks~~

Yawning and exhausted from another night of little sleep? Congratulations, you have joined the multitude of people around the globe who suffer from sleep deprivation, a serious problem that can affect ...

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~~Recovering from a lack of sleep takes longer than you might think, study says~~

Cognitive tasks can be performed efficiently using artificial intelligence (AI) networks based on human brain connectivity as per a study at the ... specific cognitive skills, and to derive ...

~~Artificial Intelligence (AI) Enhanced Through Brain Networks~~
Many of us worry that the older we get, the more cognitive decline we ' ll experience. As we age, our brains change and lose that youthful plasticity — it can be harder to learn new things, or easily ...

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~~Brain health: Why you should train your mind like an athlete 's body~~

An Indian scientist has developed human-based models to study neuron development and neuro-developmental disorders such as autism, which can help design treatment strategies for such brain disorders.

~~Indian scientist develops human model to study brain disorders~~

Even though adolescents and children are considered at low risk of COVID-19 infection, recent research highlighted that brain ... of this study is that the samples were entirely UK-based.

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~~Study explores 'brain fog' following COVID-19~~

How much of musical ability is inherent, the extent to which it is influenced by training and the regions of the brain that ... Perception skills. This standardised computer-based test, since ...

~~Brain's neural connectivity shapes musical rhythm sense~~

The researchers suggest that it may be possible to improve these critical mental skills to help mitigate the brain decline that happens with natural aging. The findings were based on a study of ...

~~Study finds two critical mental skills get better, not worse, with aging~~

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As our population ages one of the key global challenges is to develop strategies to maintain ... in the form of microbial-based interventions to slow down brain aging and associated cognitive ...

~~Research introduces novel approach to reverse brain aging via gut microbes~~

During the pandemic. A new survey, commissioned by Capital One and conducted by One poll, found that 58% of americans think about money completely differently now, and almost the same amount of people ...

~~Consumers are impulse spending more during the pandemic. Here are 5 ways to reduce the urge to spend~~

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However, this study ... to rejuvenate their brain. Instead, these studies point towards a future where there will be a focus on microbiota-targeted dietary or bacteria-based treatments that ...

~~Gut bacteria rewind aging brain in mice~~

An online game program developed to help aging adults maintain brain fitness has been found to improve cognitive function in veterans with a history of concussion, according to a study published ...

~~Off the Shelf Games Help Some Veterans With Brain Injuries~~

The market study depicts an extensive analysis of all the players running in the Wireless Brain Sensors market report

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based on distribution channels ... Further, the market strategies and mergers & ...

~~Wireless Brain Sensors Market Sales Analysis, SWOT Study, Dynamic Innovation in Technology & Forecast to 2027~~

By Dana Santas, CNN Some forgetfulness — like occasionally forgetting to pay a bill or recall a word — can be expected at any age. But cognitive decline — such as consistently struggling to remember ...

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