

## By Doug Silsbee The Mindful Coach Seven Roles For Facilitating Leader Development 2nd New And Revised Edition

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Doug Silsbee provides many sample dialogues of each Voice, and also provides many exercises to self-coach and self observe oneself with increased awareness and mindfulness. The exercises are very thought provoking and I recommend any coaches that purchase the book to do the exercises mindfully.

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Doug Silsbee is a thought leader in the field of presence-based leadership development, coaching, and resilience. He coaches, teaches, and writes in Asheville, North Carolina. A master teacher, Silsbee has worked with leaders on five continents, taught top executives from corporations, nonprofits, and government, and is a frequent speaker at major conferences.

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Doug Silsbee was a pre-eminent author and thought leader in the fields of Presence-Based Coaching, leadership development, and resilience. Doug ' s ground-breaking work integrates deep pragmatic experience in organization and leader development on five continents with mindfulness, interpersonal neurobiology, somatics, and developmental psychology. Two books, The Mindful Coach and Presence-Based Coaching, are the basis for a leading edge coach certification program, accredited by the ...

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### ~~The Mindful Coach: Seven Roles for Facilitating Leader ...~~

The integration of Doug Silsbee ' s unique and expansive concepts and models, his powerful personal presence, and his ability to convey sophisticated ideas in a manner that makes them readily understood and easily integrated combine to make the program profound and impactful.

### ~~Presence-Based Coaching~~

Silsbee ' s new book is his most expansive. A master of integration, he seamlessly weaves fields as disparate as complexity, leadership and adult development theory, mindfulness, and interpersonal neurobiology into a deeply human exploration of how leaders can bring the fullness of their humanity to the most intractable challenges they face.

### ~~Doug Silsbee~~

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