

Eating Your Own

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Eating Your Own

On a small table next to Oreos and other treats was a plastic skull that Bernard named Edward wearing a flat-brimmed hat, silently welcoming visitors to the town's first ever Death Café. The purpose ...

Death Cafe, where you eat snacks and talk about mortality

What if I told you there's a simple daily habit that will nourish your family's emotional wellbeing and improve your kid's outcome in life? Are you ready for the mind-blowing hack that will ...

Nourish More Than Your Family's Health With This Simple Hack

I wondered if this was a prank, engineered to incite rage on social media. But then I remembered how Kourtney Kardashian eats a Kit Kat (there are six steps), and decided this could be completely ...

San Francisco loves It's-It ice cream sandwiches. Just don't eat them like this person on Reddit.

If your concept of Eric Wareheim was formed purely through viewings of Awesome Show and Tom Goes to the Mayor, you might think the man hates food, or wants you to hate food, but that could not be ...

I'm Comedian Eric Wareheim and This Is How I Eat

Known as emotional eating, for some it can be a perfectly appropriate strategy for managing hard feelings, but for others it also can become a problematic way to cope. A team from the UO College of ...

How Parents Feed Kids Is Linked to Emotional Eating

Whether you're enjoying some shrimp tacos, a plate of shrimp scampi, or your very own coconut shrimp at home, it's safe to say this shellfish is a delicious and versatile option for many different ...

One Major Effect of Eating Shrimp, Says Science

Capsaicin, the molecule responsible for making Carolina Reapers and other peppers so dang spicy, tricks the body and brain into thinking it's experiencing heat. The sensation can be addicting.

What would possess someone to eat a Carolina Reaper pepper? This writer tried to find out.

Sugar is the black sheep of the health and wellness world. Whether you love it, avoid it like the plague or fall somewhere in between, sugar is one of the most hotly debated topics in health. A very ...

Sugar hangovers: Why you feel bad after you eat sugar

Atlanta is made up of several neighborhoods, each with its own vibe and gems to explore ... If you're more of a coffee person, get your caffeine fix at Chrome Yellow, located in Old Fourth Ward. It's ...

The Best Places to Stay, Eat, Shop, and Play in Atlanta

Ranbir Kapoor once said that he never used to watch his mother Neetu Kapoor's films, as he 'loved her too much'. He also spoke about his relationship with did Rishi Kapoor, saying he was 'petrified' ...

When Ranbir Kapoor said he was petrified of dad Rishi Kapoor: 'He would say eat your veggies and I would start crying'

We're living in such strange times at the moment. With multiple lockdowns, the inaccessibility for a lot of overseas travel, and the anxiety and fear tactics that we've been accustomed to by the media ...

Lockdown is another word for home detention: Seven ways to champion your wellbeing and self-awareness at home.

Throughout history, we've tried to conquer what unsettles us by consuming it. The practice raises questions about who the real monsters are.

What Does It Mean to Eat What You Fear?

Whatever the meal, breakfast, lunch or dinner, there's something Ndah Mbawa can never go without. 'I'm addicted to chilli,' says the 43-year-old.

Why eating chillis can release the body's natural painkiller

Last week, Drake rented out the entire Dave & Buster's at Dolphin Mall in Sweetwater while his pals played arcade games and twerked. Seems the entertainer decided to upgrade from chicken tenders and ...

Drake rented out this Miami Beach steakhouse so he could 'eat in peace': report

Puerto Rico is a territory of the United States, so no passport is required for American travelers, and the currency is the U.S. dollar. Getting there is convenient, with flights from most major ...

Eat, Kayak, Hike, and Horseback Ride Your Way Through Puerto Rico on These 5 Epic Tours

When Charlie Levy and partners opened Crescent Ballroom it helped downtown Phoenix replace Tempe and the east Valley as the area's hub for live music.

[Crescent Ballroom celebrates 10 years of being 'your downtown Phoenix home' for live music](#)

A Texas boy has died from a brain-eating amoeba that he likely contracted after playing at a splash pad at an Arlington park ...

[Texas Child Dies from Brain-Eating Amoeba After Playing at a Splash Pad](#)

Businesses should retain their customers and hold the data they generate through their sales and marketing efforts.

[Tips On Building Out The E-Commerce Side Of Your Grocery Store](#)

Here's a guide to take in the best that L.A.'s Academy Museum of Motion Pictures has to offer and our tips to make a full day of it.

[Visiting the Academy Museum? Your guide for what to see, eat and experience](#)

Are you a “poor historian,” “well nourished” or in need of a “time out”? As patients gain access to their own medical records, the notes left by doctors can sting.

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