

Effectiveness Of Lazarus Multimodal Therapy On Self

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[Effectiveness of Lazarus Multimodal Therapy on Well-being...](#)

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Because of high outbreak of OCD syndrome in society and its negative impacts on the life of patients and according to the role of women in developing health in the society and family, this research investigate the effectiveness of Lazarus multimodal therapy on self-efficacy in women with obsessive-compulsive disorder. In this study, a treatment method of Multimodal Counselling Therapy as the ...

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Effectiveness Of Lazarus Multimodal Therapy 5. Discussion and Conclusion. The aim of this study was to investigate effectiveness of Lazarus multimodal therapy on well-being and hope among residents of nursing homes of Arak. As the results showed Lazarus therapy significantly increases the well-being and hope in the elderly group. Effectiveness ...

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The results showed that Lazarus Multimodal Therapy enhances well-being and overall score was negative. But there was not significant in positive affect. These interventions also hope to increase overall score and two subscales (factor and strategic subscale). Keywords: Elderly; Mental well-being; Hope; Lazarus Multimodal therapy. 1. Introduction

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Effectiveness Of Lazarus Multimodal Therapy On Self Author: cable.vanhensy.com-2020-11-13T00:00:00+00:01 Subject: Effectiveness Of Lazarus Multimodal Therapy On Self Keywords: effectiveness, of, lazarus, multimodal, therapy, on, self Created Date: 11/13/2020 3:58:25 AM

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A systematic, technical eclecticism, on the other hand, opens many avenues that can enhance therapeutic understanding and effectiveness (Lazarus, Beutler & Norcross, 1992). The emphasis on techniques by no means ignores the importance of the alliance and rapport that must develop between clients and therapists for the procedures to be effective.

[Multimodal Therapy: A Primer, Article by Arnold Lazarus...](#)

BASIC I.D. Arnold Lazarus was a Behaviour Therapist (he coined the term), who developed what became MultiModal Therapy (MMT) as he built on the premise that we are basically biological beings who experience emotions, think, imagine, smell & touch, and relate to others as well as act, which at that time, Behaviour Therapy had limited itself to.

[MultiModal Therapy—Getselfhelp.co.uk](#)

During the 1980s, A. Lazarus ultimately created Multimodal Therapy: a comprehensive, biopsychosocial approach to psychological assessment and theoretically consistent, technically eclectic...

[Multimodal Therapy: A Unifying Approach to Psychotherapy...](#)

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Multimodal therapy is an approach to psychotherapy devised by psychologist Arnold Lazarus, who originated the term behavior therapy in psychotherapy. It is based on the idea that humans are biological beings that think, feel, act, sense, imagine, and interact—and that psychological treatment should address each of these modalities. Multimodal assessment and treatment follows seven reciprocally influential dimensions of personality known by their acronym BASIC I.D.: behavior, affect ...

[Multimodal therapy—Wikipedia](#)

Lazarus Multimodal Therapy was significantly more effective in reducing anxiety than relaxation, placebo, and control groups. There was no significant difference between relaxation therapy and placebo method in reduction of anxiety. Results: Four therapeutic methods in this research significantly were more effective than control group.

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effectiveness of Lazarus multimodal therapy on reducing the symptoms of depression, anxiety and blood glucose control in women with type 2 diabetes Materials and Methods In this study, sample selection conducted among women with type 2 diabetes, covered by the diabetes center of Samen

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[The practice of multimodal therapy : systematic...](#)

Most patients in psychotherapy suffer from a multitude of specific problems. Effective treatment calls for a wide yet focused range of specific approaches. Arnold A. Lazarus, originator of multimodal therapy, shows how a variety of strategies and techniques are more likely to bring lasting change. Whether evaluating therapist-patient compatibility or choosing an appropriate technique, he stresses the need to fit the treatment to the patient.

[The Practice of Multimodal Therapy: Sytematic...](#)

But, in this research the multimodal cognitive behavioral therapy has been stressed, which is reliant on religion and spirituality. By reviewing the literature, it can be understood that the efficacy of this therapy in reducing psychological problems like acute anxiety, dysthymia, and sleeping and

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The Multimodal therapy proposed by Lazarus (MMT; Lazarus, 1997) as well as its integrative counterpart constitute pluralistic approaches where one looks for individualized solutions rather than goes from a certain school or type of therapy with their advantages and limitations (Lazarus, 2008). For both types, therapeutic alliance plays a big role, flexibility is the key (rather than rigid application of pre-determined sets of procedures), and therapeutic goal is being reached by means of any ...

[Integrative therapies: Integrative vs multimodal psychotherapy](#)

Abstract. Agitated behaviour and poor coping skills in a patient with Borderline Personality Disorder who resided on a forensic psychiatry unit were treated using cognitive-behavioural and pharmacological interventions derived from a multimodal assessment. While a medication regime led to partial clinical improvement, the addition of interventions derived from the multimodal assessment over 9 wk. led to sufficient improvement in agitated behaviour, suicidal ideas and behaviour, and frequency ...