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Free Fit Guide 28 Day

For its early Prime Day deals, Amazon slashed the Beats Solo Pro headphones price by 43%. It's an incredible opportunity to get some wireless headphones.

Beats Solo Pro headphones slashed by 43% in early Prime Day deal

From Prince Harry to Prince Philip, get inspired by the dads of the royal family for your Father's Day gift this year ...

Fit for a King! 10 Father's Day Gift Ideas Inspired by the Royal Family

In 2021, travel trends forecasted more traveling with intention: a focus on health and wellness with an emphasis on authentic, local experiences. Meaning, we're eager to go on trips that nourish our ...

Your Guide to Recharging, Staying Fit & Supporting Local in Scottsdale

Both webinars will also be recorded and distributed via the Yolo Healthy Aging Alliance website, the Yolo Healthy Aging Alliance YouTube channel and broadcasted on cable through Davis Media Access.

Yolo Healthy Aging Alliance hosts two-day webinar series for senior safety

After an all-virtual edition in 2020 due to COVID-19 restrictions, "Day" returns with a hybrid model bringing its energetic workouts ...

The 8th Annual "Fit Fathers Day" Celebration Returns with In-Person Attendance and a Virtual Workout Option

Early Prime Day Air fryers deals are coming in as hot. Speaking of hot, the trendy easy ovens make crispy snacks that taste like they been fried but the not-so-dirty secret is tha ...

The best early Prime Day air fryer deals

The noise cancelling Beats Pro Solo are only \$149 while a two-pack of TP-Link mesh routers are \$79. Plus get a Lidar-powered smart robot vacuum for \$310, only at Walmart.

Walmart's answer to Prime Day: These deals on Beats, robot vacuums, laptops and more are available now

Good Subscriber Account active since Free subscriber ... on Tuesday. The guide, Vice said, tells workers to "prepare their bodies" for walking "up to 13 miles a day" and lifting "a total of ...

Amazon 'wellness' guide tells workers to buy shoes at the end of their shift to better fit their swollen feet

Father's Day is coming up this weekend, and we're looking forward to a fun-filled day celebrating our favorite guys.

Father's Day: The Ultimate Unique Gift Guide

The best gifts for fitness loving dads. getty. You may always remember dad as the strongest man on this planet — he could piggyback carry you all the way home from school, alway ...

Father's Day Gift Guide: The Best Fitness Accessories For Dads

Antin worked part-time as guide and ticked off ... in your inbox six days a week. Looking for something else? Check out our entire suite of free newsletters here.

'Beat Monday' Rethinks What You Can Fit into a Weekend

The Hurricanes' coach and GM partially laid out their vision for the team's 2021 offseason, including the expansion draft, entry draft and free agency.

Hurricanes' Rod Brind'Amour, Don Waddell on draft, free agents | Raleigh News & Observer

HARRY MAGUIRE gave England a massive Euros boost by insisting he is fit to play against Scotland on Friday. The Manchester United skipper has made a rapid recovery from the ankle ligament injury ...

Harry Maguire FIT for England vs Scotland Euro 2020 showdown as Man Utd defender makes rapid recovery from ankle injury

A look at some of the best free agency fits the Detroit Lions have on the market for some of their biggest needs after the NFL Draft.

Free Agency Might Offer Lions Another Top Running Back Fit

Adam Rosales had a premonition. The vibe as he sat on the black leather chair inside Bob Melvin's office was all too familiar to the previous three times he'd been sent down to the Minor Leagues. Sure ...

How Bob Melvin has been perfect fit with A's

June 20 marks another Father's Day — and another gift. Before you settle for another boring tie, consider treating Dad to something more satisfying. New Times has rounded up an alphabetical list of ...

Father's Day 2021 Gift Guide

So you've got a cool dad, huh? He is either always updated on the latest gadget and app releases or he knows what looks good him. On his special day on Sunday, June 20, treat the man of the house to ...

Father's Day gift guide: For techie and stylish daddies

These Father's Day gifts for older dads are perfect for the guy with free time on his hands, including a tackle box and Masterclass subscription.

30 Father's Day gifts for retired dads with free time on their hands

Now that teams are starting to chat about potential trades, here are the biggest names in the game who could be moved at the July 30 trade deadline.

MLB trade deadline: With 50 days remaining, the biggest names who could be moved by July 30

In November, general manager Troy Weaver had a week for the ages when he revamped the Pistons roster with a robust draft haul, a flurry of trades and some other moves in free agency. When the ...