

Guide To Good Food Workbook

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Save Guide to Good Food Workbook Chapter 27: Food and Entertaining Activity B: Meal Service The six major styles of meal service are in the list that follows. Select the letter of the meal-service style to which it corresponds. (Some letters will be used more than once.) 1.

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Guide to Good Food: Nutrition and Food Preparation employs current nutrition information to inform students as they learn the roles nutrients play in their health throughout the life cycle. Comprehensive content on food selection, storage, preparation, and service gives students the tools needed to recognize and follow a nutritionally balanced diet, while animations bring content to life.

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Guide to Good Food provides an in-depth look at how to select, store, prepare, and serve nutritious, appealing dishes. Menus and recipes with easy-to-follow, step-by-step directions and nutritional analyses are included. Food-related careers are profiled in every chapter, and Career Success features are found throughout. Online Text, 1yr. Indv.

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