

Housework Blues A Survival Guide

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Housework Blues A Survival Guide

Containing quotes, humour and over 75 insights, tips, games and ideas - tailor-made to bring calm and comfort to any woman with a home to keep - Housework Blues is a virtual pick-&-mix goodie bag of housework-survival tactics, helping you cope with the (often unrecognised) mental and emotional challenge of keeping a home.

Housework Blues: A Survival Guide: Amazon.co.uk: Raine ...

Praise for Housework Blues; A Survival Guide “ It really did the trick for me. I really love the way you wrote it, with different sections for each mindset, because it was so helpful to skip to the... It was fun to go meandering through as I discovered more of my blocks. Perhaps the best thing is ...

About - Housework Blues - A Survival Guide

Housework Blues - A Survival Guide: How to Cope with the Mental and Emotional Challenge of Keeping a Home by Danielle Raine (Paperback, 2010) Be the first to write a review About this product

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Housework Blues - A Survival Guide By Danielle Raine ...

Housework Blues - A Survival Guide is a fu. If you lack the motivation to do housework - or it's become a source of misery, boredom, frustration or fury - these feelings can affect your relationships, your health, even your wealth. So there are some truly outstanding benefits in learning to survive your Housework Blues.

Housework Blues: A Survival Guide by Danielle Raine

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Housework Blues – a survival guide. I make no secret of the fact that I don ’ t like housework. If you ’ ve read my fantastic housework tips you ’ ll probably have cottoned on to the fact that I am not a clean freak. It ’ s really not that I ’ m lazy, it ’ s just that I find it boring and ultimately pointless.

Housework Blues - a survival guide - Slummy single mummy

Housework Blues – A Survival Guide. How to cope with the mental and emotional challenge of keeping a home. Packed with how-to-cope ideas and motivation tips for anyone feeling bored, angry, frustrated or overwhelmed with too much housework. Available in paperback and eBook download. “ ...should be a must read on everybody ’ s list. ”

The Blurb - Housework Blues - A Survival Guide

Containing quotes, humour and over 75 insights, tips, games and ideas - tailor-made to bring calm and comfort to any woman with a home to keep - Housework Blues is a virtual pick-&-mix goodie bag of housework-survival tactics, helping you cope with the (often unrecognised) mental and emotional challenge of keeping a home.

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[Books] Housework Blues A Survival Guide

Housework Blues - A Survival Guide is her first book. She currently lives in North Yorkshire, with her wonderful (but messy) husband and two sons. 10% of author royalties goes to support the fantastic work of Mary ’ s Meals and World Vision

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• A non-washer-upper 's guide to the washing-up • Feng shui & housework • Top Ten Blues Blasters ...and many more. A fun and easy read, yet packed with ideas, tips and games to help you cope with the ' unique challenge ' of keeping a home. These are strategies to keep you sane.

Buy the book - Housework Blues - A Survival Guide

Click here to go to the latest Amazon reviews " Plenty of personality and humour – definitely more than a book full of cleaning tips. " Slummy Single Mummy " Should be required reading. Not only that, I think perhaps one of its subtitles should be " Life 101 " . I haven ' t learned so much helpful, useful information from [...]

Praise for Housework Blues - Housework Blues - A Survival ...

Praise for Housework Blues " Utterly scrumptious ideas for surviving the daily drudge. " ~ Alison, Brocante Home " It really did the trick for me. I really love the way you wrote it, with different sections for each mindset, because it was so helpful to skip to the ones that applied to me. It was fun to go meandering

Sanity saving insights for sufferers of Housework Blues ...

summary Housework Blues: A Survival Guide File Kindle If you ve read all the housekeeping booksIf you know all the hints and tipsIf you ve you watched all the TV experts show you how easy it isAnd yet, for some reason, you still lack the motivation to do housework Or worse it s become a source of misery, boredom, frustration, even fury The last t.

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