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raining? Elyza E. Montano , Jamie M. Keith , Christina A. Buchanan, Lance C. Dalleck High Altitude Exercise Physiology Program, Western State

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The Journal of Exercise Science and Fitness is the official peer-reviewed journal of The Society of Chinese Scholars on Exercise Physiology and Fitness (SCSEPF), the Physical Fitness Association of Hong Kong, China (HKPFA), and the Hong Kong Association of Sports Medicine and Sports Science

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(HKASMSS). It is published twice a year, in June and December, by Elsevier.

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Scope. Exercise Physiology covers all aspects of exercise physiology and welcomes submissions on the response to acute exercise as well as the adaptation to exercise training programs from the molecular and cellular level to individual systems and extending to the integrated multi-systemic response of the intact organism in both humans and animals.

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