

Land Of Fish And Rice Recipes From The Culinary Heart Of China

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Land of Fish and Rice by the revered British pro Fuchsia Dunlop is a focused exploration of the food of Jiangnan, an area famous among Chinese for its subtle cuisine--and now revealed to us. Land of Fish and Rice closes on a strikingly humble note, with Dunlop thanking her Chinese friends for their help, adding she "could never do justice to their extraordinary culinary tradition."

[Land of Fish and Rice: Recipes from the Culinary Heart of ...](#)

About Land of Fish and Rice. The Lower Yangtze region or Jiangnan, with its modern capital Shanghai, has been known since ancient times as a 'Land of Fish and Rice'. For centuries, local cooks have been using the plentiful produce of its lakes, rivers, fields and mountains, combined with delicious seasonings and flavours such as rice vinegar, rich soy sauce, spring onion and ginger, to create a cuisine that is renowned in China for its delicacy and beauty.

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[Land of Fish and Rice: Recipes from the Culinary Heart of ...](#)

Land of Fish and Rice: Recipes from the Culinary Heart of China by Dunlop, Fuchsia at AbeBooks.co.uk - ISBN 10: 1408802511 - ISBN 13: 9781408802519 - Bloomsbury Publishing - 2016 - Hardcover

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The region, which today is known for its modern metropolis of Shanghai, has been recognised as the Land of Fish and Rice since ancient times. Local cooks have benefited from its plentiful produce,...

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This wonderful region has been known since ancient times as a ' Land of Fish and Rice '. For centuries, local cooks have been using the plentiful produce of its lakes, rivers, fields and mountains, combined with delicious flavourings such as rice wine, vinegar, soy sauce, spring onion and ginger, to create a cuisine that is renowned in China for its delicacy and beauty.

[Land of Fish and Rice: UK edition now out! | Fuchsia Dunlop](#)

For centuries, local cooks have harvested the bounty of its lakes, rivers, fields, and mountains to create a cuisine renowned for its delicacy and beauty. In Land of Fish and Rice, Fuchsia Dunlop draws on years of study and exploration to present the recipes, techniques, and ingredients of the Jiangnan kitchen. You will be inspired to try classic dishes such as Beggar ' s Chicken and sumptuous Dongpo Pork, as well as fresh, simple recipes such as Clear-Steamed Sea Bass and Fresh Soybeans ...

[Land of Fish and Rice: Recipes from the Culinary Heart of ...](#)

The lower Yangtze region, or Jiangnan, with its modern capital Shanghai, has been known since ancient times as a " land of fish and rice. " For centuries, local cooks have harvested the bounty of its lakes, rivers, fields, and mountains to create a cuisine renowned for its delicacy and beauty.

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Land of Fish and Rice - Fuchsia Dunlop epub | 225.45 MB | English | Isbn:B07ZJGB4DP | Author: Fuchsia Dunlop | Page: 643 | Year: 2016 Description: "Fuchsia Dunlop . . . has done more to explain real Chinese cooking to non-Chinese cooks than anyone." -Julia Moskin, New York Times The...

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Land of Fish and Rice: Recipes from the Culinary Heart of China by Fuchsia Dunlop Goat and radish stew (Bai tang yang rou) (page 103) Chicken with young ginger (Nen jiang chao zi ji) (page 106) Beggar's chicken (Jiao hua tong ji) (page 108) Stewed chicken with chestnuts (Ban li shao ji) (page 113) ...

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Land of Fish and Rice is her first book celebrating the Jiangnan region. The only city most of us would recognize in the Jiangnan region is Shanghai, but Dunlop says "it is just a gateway... (to a region renowned for) beauty of its scenery, the elegance of its literary culture, the glittering wealth of its cities and the exquisite pleasures of ...

~~Land of Fish and Rice | Pen & Fork~~

Land of Fish and Rice : Recipes from the Culinary Heart of China. 'Fuchsia Dunlop, our great writer and expert on Chinese gastronomy, has fallen in love with this region and its cuisine and her book makes us fall in love too'Claudia ...

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