

Narcissism Denial Of The True Self Alexander Lowen

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[Narcissism: Denial of the True Self: Lowen, Alexander ...](#)

Most people won't need convincing of this, but they are probably less well informed about the degrees of narcissism that prevail and how the condition is nurtured and sustained by living through an ego image, thus denying the true self.

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Contrary to popular belief, narcissists do not love themselves or anyone else. They cannot accept their true selves, constructing instead fixed masks that hide emotional numbness. Influenced by...

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NARCISSISM Are you a narcissist? Do you interact with someone who is? Contrary to popular belief, ...

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They cannot accept their true selves, constructing instead fixed masks that hide emotional numbness. Influenced by forces in culture and predisposed by factors in the human personality, narcissists tend to be - More concerned with how they appear than what they feel - Seductive and manipulative, striving...

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"The denial of feeling characteristic of all narcissists is most manifest in their behavior toward others. They can be ruthless, exploitative, sadistic, or destructive to another person because they are insensitive to the other's suffering or feeling. This insensitivity derives from an insensitivity to one's own feelings" (p. 49)

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This video is inspired by Dr. Alexander Lowen's book entitled Narcissism: Denial of The True Self.

[Narcissism: Denial of The True Self](#)

Contrary to popular belief, narcissists do not love themselves, or anyone else. They are people who cannot accept their true selves, constructing instead a fixed mask that hides emotional numbness - an inability to feel.

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Narcissism is NOT the denial of the "true self". There is no "true self" in a narcissist to be denied. The "true self" is gone; destroyed at an early childhood stage. This concept is crucial to understanding why a narcissist cannot and will not stop being what they are.

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Contrary to popular belief, narcissists do not love themselves or anyone else. They cannot accept their true selves, constructing instead fixed masks that hide emotional numbness. Influenced by forces in culture and predisposed by factors in the human personality, narcissists tend to be • More concerned with how they appear than what they feel

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A study of the nature and causes of narcissism, the most prevalent personality disorder of our times, examines its origins in denial of feelings and rejection of the true self and illustrates a therapeutic treatment for the ailment.

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Narcissism: Denial of the True Self: Author: Alexander Lowen: Edition: reprint: Publisher: Simon and Schuster, 2004: ISBN: 0743255437, 9780743255431: Length: 256 pages: Subjects

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We have self-respect when our actions stem from principles or deep convictions rather than motives of expediency or gain. Impressing or manipulating others brings a loss of self-respect, and without self-respect, one doesn't respect others. The narcissistic person has no self-respect." - Alexander Lowen, Narcissism: Denial of the True Self

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They cannot accept their true selves, constructing instead fixed masks that hide emotional numbness. Influenced by forces in culture and predisposed by factors in the human personality, narcissists tend to be - More concerned with how they appear than what they feel - Seductive and manipulative, striving for power and control - Egotists, focused on their own interests ...