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and how often the machine needs lubricated based on use. Because a treadmill has so many moving parts, keeping it well lubricated is a must. Otherwise, parts could end up prematurely needing replaced or becoming Page 40/53

damaged. At the same time, you must be careful not to over-lubricate your treadmill, as this ...

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manual. 4. The treadmill is intended for home use only.

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Do not use the treadmill in any commercial, rental, or institutional setting. 5. Keep the treadmill indoors, away from mois- ture and dust. Do not put the treadmill in a garage or covered patio, or near Page 45/53

water. 6. Place the treadmill on a level surface, with at least 8 ft. (2.4 m) of clearance behind it and 2 ft. (0.6 m) on each side. Do ...

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