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Published by Human Kinetics on February 17, 2012, the 4th edition of successful coaching is a renewed version by principal author Rainer Martens with advanced information,

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Successful Coaching is your comprehensive guide to the art and science of coaching.

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Written by Rainer Martens, a respected and renowned sport psychologist, longtime coach, and lifelong competitive athlete, Successful Coaching, Fourth Edition, details the principles, knowledge, and skills that will help coaches build a foundation for their decisions and actions. Working through the text, coaches will define their philosophy, identify their objectives, and determine

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Successful Coaching, Fourth Edition, asks readers to examine their motivations and objectives in determining a coaching philosophy that will guide their interactions as a coach. Martens offers suggestions for improving communication skills, managing behavior, and instructing sport skills.

**Successful Coaching: Martens, Rainer:
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