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The Behaviour Change Wheel. Dr Jeremy Oliver Senior Teaching Fellow & Clinical Psychologist UCL Centre for Behaviour Change ucl.ac.uk/behaviour-change LGA

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The Behaviour Change Wheel

The Behaviour Change Wheel. This is a practical guide to designing and evaluating behaviour change interventions and policies. It is based on the Behaviour Change Wheel, a synthesis of 19 behaviour change frameworks that draw on a wide range of disciplines and approaches. The guide is for policy makers, practitioners, intervention designers and researchers and introduces a systematic, theory-based method, key concepts and practical tasks.

The Behaviour Change Wheel Book - A Guide To

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Designing ...

This forms the hub of a 'behaviour change wheel' (BCW) around which are positioned the nine intervention functions aimed at addressing deficits in one or more of these conditions; around this are placed seven categories of policy that could enable those interventions to occur.

The behaviour change wheel: A new method for ...

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