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of Contents 1. The

History Of Herbs 2.

Your Own Herb

Garden 3. Harvesting

And Storing Your

Herbs Drying Herbs

Freezing Herbs 4.

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Herbs Preparation Of

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*Page 28/32*

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Stacey Chillemi is a health coach and an advocate speaker with a passion to help people eat healthily and live a healthy lifestyle. In 2006, she started The Complete Herbal

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Guide, which grew to become one of the most renowned websites in the world. Stacey Chillemi founded The Complete Herbal Guide website [thecompleteherbalguide.com](http://thecompleteherbalguide.com), which at over 500,000 monthly visitors is considered one of the top natural health website in the world today.

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