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~~The Confidence Code: The Science and Art of Self-Assurance ...~~

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**In *The Confidence Code: The Science and Art of Self-Assurance—What Women Should Know*, Katty Kay and Claire Shipman attempt to define confidence, to determine how it is developed, and to give guidelines for developing it. Without confidence, you lack boldness and faith in your abilities, and this dea...**

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**In *The Confidence Code*, Claire Shipman and**

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Katty Kay argue that the key reason is confidence. Combining cutting-edge research in genetics, gender, behavior, and cognition—with examples from their own lives and those of other successful women in politics, media, and business—Kay and Shipman go beyond admonishing women to lean in. Instead, they offer the inspiration and practical advice women need to close the gap and achieve the careers they want and deserve.

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in." Instead, they offer the inspiration and practical advice women need to close the gap and achieve the careers they want and deserve.

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The Confidence Code by Katty Kay, Claire Shipman | Free The Confidence Code Quotes Showing 1-30 of 68. "Having talent isn't merely about being competent; confidence is actually a part of that talent." ? Katty Kay, The Confidence Code: The Science and Art of Self-Assurance---What Women Should Know. 7 likes.

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**The Confidence Code: The Science and Art of Self-Assurance—What Women Should Know** Katty Kay, Claire Shipman. Shop Now. Confidence, at least the part that's not in our genes, requires hard work, substantial risk, determined persistence, and sometimes bitter failure. Building it demands regular exposure to all of these things.

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In *The Confidence Code*, Claire Shipman and Katty Kay argue that the key reason is confidence. Combining cutting-edge research in genetics, gender, behavior, and cognition - with examples from their own lives and those of other successful women in politics, media, and business - Kay and Shipman go beyond admonishing women to "lean in".

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*The Confidence Code* by Katty Kay, Claire Shipman ... Synopsis. *The Confidence Code* explains how, in comparison with men, women lack confidence. It also explores the impact such lack of confidence has on women in various spheres of life, especially the business world, and offers advice on how women can increase their confidence. Key idea 1 of 9.

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