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Essential oils are extracted from plants by steam distillation, extraction with cold neutral fats or solvents (e.g. alcohol), or pressing and used in perfumes, flavourings, and medicine.

Examples are citrus oils, flower oils (e.g. rose, jasmine), and oil of cloves. A Dictionary of Biology

Essential Oils | Encyclopedia.com

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Essential oil, highly volatile substance isolated by a physical process from an odoriferous plant of a single botanical species. The oil bears the name of the plant from which it is derived; for example, rose oil or peppermint oil. Such oils were called essential



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because they were thought to represent the very essence of odour and flavour.

Essential oil | plant substance | Britannica

The Encyclopedia of Essential Oils gives detailed information on the most commonly available and widely used flower oils and aromatics including: the exact origins, synonyms, and related plants; methods of extraction; the herbal/folk tradition for each plant; the uses of each plant; aromatherapy applications; home and commercial uses

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