

The Spiril Challenge Of Midlife Crisis And Opportunity

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The Spiril Challenge Of Midlife

admits Caroline England, with her husband Jonathan Lanigan Credit: Paul Cooper My husband's employer has launched a step count challenge to ... and lead to a downward spiral." ...

'I'm a Fitbit widow - my husband does 30,000 steps a day, while I stare into the fridge'

Q: Has your tendency to challenge the status quo gotten you into ... READ OTHER INTERVIEWS: Watch Tom Tarter's journey from med school to midlife in scenes from "Doctors' Diaries." ...

Tom Tarter

Middle-aged stars can experience their own kind of midlife crisis, experiencing dramatic breaks in their activity and rotation rates at about the same age as our Sun, according to new research.

Magnetic fields implicated in the mysterious midlife crisis of stars

And that's assuming we don't crash through any climate tipping points, in which the collapse of a major ice sheet or the Gulf Stream sets off a kind of habitat death spiral, in the meantime.

The U.N. Climate Report Is a Frightening Vision of Our Possible Future. But Look at the Present.

Stephen's good friend Sarah Paulson makes her fifth appearance on the show, commiserating with our host about the challenges of ... in the throes of a mid-life spiral. VIDEO: Watch Michael C.

Tracy Letts Videos

This week, a study by University College London showed that being overweight by the age of ten increases the risk of chronic medical problems in mid-life ... gain will spiral, warn experts.

How to help your child have a slimmer summer (without making them feel bad)

Thurston also got a ton of support for the photo, including a thirsty comment from former fan-favorite Bachelorette contestant Michael Allio, who posted "Can't say what I'd like to [?????]," prompting ...

Katie Thurston Hits Back at Trolls Criticizing Her Lingerie Pic

This was classic mid-life crisis stuff. And one day when I was brushing my teeth, the word 'Woe Begone' popped into my head. The next thing I knew, I was sitting on my bed and writing a song.

Meet Akhila, an indie rock musician at 47

Happiness is an electrifying and elusive state. Philosophers, theologians, psychologists, and even economists have long sought to define it. And since the 1990s, a whole branch of psychology ...

Psychology Today

"When we live by personalized truths, our shared trust in social institutions such as science, education, or law erodes." A market of one used to be the dream of marketers around the world. Digital ...

Mass personalization of truth

Olympian Lolo Jones, 39, celebrates her 'midlife crisis' in a series of sexy poolside pics: 'Next year I'll be wearing mom jeans' The three-time Olympian is flawless no matter what age! 4d ago ...

30 of the Best Thank You Gifts to Help Express Your Gratitude

If we could impart one piece of wisdom with this binge-guide it's this: don't sleep on Hulu's movie line-up. The streaming service may have started as just a way to watch cable TV without ...

The Best Movies On Hulu Right Now, Ranked

Alina is caught in a fire at the salon - is Hope to blame for the blaze? Plus a timely storyline sees footballer James taking on the police following a racist attack, plus Aadi needs advice from Amy.

Next week on 'Coronation Street': Alina trapped in fire, but is Hope to blame? Plus James takes on the police following racist attack (spoilers)

© BBC Studios/Endemol Shine Group Sometimes you just want to settle in and burn an entire weekend watching TV, be it a prestige mystery series or a yuks-filled ...

The Best TV Shows on Netflix to Binge Right Now

In August, tons of great movies are coming to Netflix. Make time to watch "Ferris Bueller's Day Off," "Deep Blue Sea," and "The Edge of Seventeen." The Netflix original "He's All That" is also ...

The 13 best movies coming to Netflix in August

Here's a rundown of the films opening this week that Variety has covered, along with information on where you can watch them. Find more movies and TV shows to stream here. New Releases for the ...

New Movies to Watch This Week: 'Space Jam: A New Legacy,' 'Pig,' 'Fear Street Part 3: 1666'

Such feelings, left unaddressed, could spiral into neglectful or abusive ... and psychological pressures that challenge their identity. And while some research suggest that new fathers experience ...