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A day of Goju-ryu Higaonna dojo | KATA / English Sub | Okinawa Traditional Karate 7 Kata Study | Goju-ryu | Meitetsu Yagi GOJU-RYU KARATEDO Vol.2 : KATA KYOUHAN (1) Traditional Karate - Okinawan Goju Ryu Trailer The Difference Between Japanese \u0026 Okinawan Goju Okinawan Goju-Ryu Karate-do Katas, Higaonna Sensei Okinawan Karate documentary Okinawa Goju ryu Saifa kata - performed slowly- OGKK, traditional karate Tucson,AZ. ? Seminar Supreme Master HIGAONNA MORIO 2019 Okinawa Traditional KARATE Ceremony IOGKF

#10 Okinawan Karate Traditional

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Okinawan Goju-Ryu Karate
training/techniques The 1st Okinawa
Performances Of The Kata
Traditional Karate and Kobudo

Worldwide Seminar : Intensive Advanced
Training Master Seiko Toyama, 10e DAN

(????) _ Sanseiryu **The most dangerous
punch | Okinawa Karate | Masaaki
Ikemiyagi | ??????? | ??????? | ????**

Kote kitae (body conditioning) ~~Goju vs
shotokan~~ Final Female Kata. Rika Usami
of Japan. ??? ????? ~~Tradition VS~~

~~Competition | Goju-ryu KATA | ??VS?? |
???? | Meitetsu Yagi | ???????~~ Morio

Higaonna's Karate practice #1 |

STRECHING | ?????????????? The

Scariest Karate KATA | ?????????? |

???? | Sadayuki Taira | ???????

Morio Higaonna Power Training of Goju-
Ryu *Okinawan Karate - The Original
MMA Traditional Karate- Okinawa Goju
ryu Karate do, OGKK -Yakusoku Kumite-
Herbert and Dante Allen* Traditional

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Karate Conditioning - Hojo Undo.

Okinawa Goju ryu History of Goju-Ryu:

Miyagi Chojun Okinawan Goju-Ryu

Karate Vol-1 KARATE LEGENDS Vol-6

HIGAONNA - FUNAKOSHI -

NISHIMURA Goju ryu, Traditional Karate

- The Kobukan- OGKK-USA - Shisochin
seminar with Sensei Herbert Allen

Worlds Karate Legend MORIO

HIGAONNA Goju-ryu Master 10th

Dan (pt.3) History of Goju-Ryu: Naha-

Te Traditional Karate Do Okinawa

Goju

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: Applications of the Kata, Part 2. Morio

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(1986-05-03) Paperback. \$920.99.

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Ryu, Vol. 1: The ...

The Traditional Okinawan Goju Ryu Karate-do Association (TOGKA) is an international association whose character is to promote and preserve Traditional Okinawan Goju Ryu Karate-do, while encouraging friendship and co-operation. Our style is a complete art that is well suited to Self Defence, Fitness, Discipline and Character Development. Founded in 1989 by Sensei Graham Ravey the Associations main aim is to promote Traditional Okinawan Goju Ryu Karate-do without politics.

The Traditional Okinawan Goju Ryu Karate-do Association ...

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: Applications of the Kata, Part 2

Performances Of The Kata

Traditional Karate-Do: Okinawa Goju Ryu : Applications of ...

Traditional Karatedo - Okinawa Goju Ryu Vol 1 Fundamental Techniques. By Morio Higaonna 10th Dan Okinawa Goju-Ryu , Chief Instructor of IOGKF (International Okinawan Goju Ryu Karate-Do Federation). Third printing June 1989.

Traditional Karate-Do: Okinawa Goju Ryu, Vol. 1: The ...

Karate Quest Dojo is a dojo (training hall) which provides traditional training in the ancient ways of Okinawa Goju-Ryu Karate-Do (Okinawa “hard and gentle style” of karate.) The Goju-Ryu style was created from the life long work of two great Okinawan karate teachers, Kanryo Higashiona (1853-1917) and his student Chojun Miyagi (1888-1953.) Since the

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style was developed on Okinawa and in China, it reflects a blend of techniques from such martial arts as Okinawa-te and several kung-fu styles.

Okinawa Goju-Ryu Karate-Do - Karate Quest Dojo

The International Okinawan Goju-Ryu Karate-do Federation (IOGKF) is the largest traditional Okinawan Karate organization in the world. Under the leadership of World Chief Instructor, Sensei Tetsuji Nakamura and his International Executive committee, IOGKF International is committed to preserving the intangible cultural treasure of Okinawan Goju-Ryu Karate-do, which has been passed down to us in its original form from one generation to the next.

International Okinawan Goju-Ryu Karate-do Federation

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Our martial arts training here at the Kobukan consists of both Okinawa Goju ryu karate-do and Yamanni ryu bojutsu. Our philosophies of training include a strong foundation in authenticity, quality movement, strength, and real life-application.

Goju Ryu - Traditional Karate, Okinawan Gojuryu | USA

The International Okinawan Goju-Ryu Karate-do Federation (IOGKF) is one of the finest, traditional karate organizations in the world today. Under the leadership of our master, Sensei Morio Higaonna, 10th dan, the IOGKF is committed to preserving the intangible cultural treasure of Okinawan Goju-Ryu Karate-do, which has been passed down to us in its original form from one generation to the next.

IOGKF-USA

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Traditional Okinawan GoJu-Ryu Karate
Perth Western Australia. Our club has
been around for over 30 years and is run
by a 40 year veteran of the martial arts
Sensei Terry Lyon 6th Dan. (Est Mt
Lawley Dojo Walcott Street 1985) Sensei
Terry Lyon (pictured bottom right) has
spent a lifetime studying and teach Karate.

Lyon Karate – Traditional Okinawan Goju Ryu Karate Do in ...

Okinawan Traditional Goju Ryu Karate-do
Association - Home. Welcome to the
homepage for the Okinawan Traditional
Goju Ryu Karate-do Association. The aim
of the Association is the transmission of
Okinawan Goju Ryu Karate-do as taught
by the founder of Okinawan Goju Ryu,
Miyagi Chojun Bushi. Our Chief
Instructor Sensei George Andrews, 8th
Dan IOGKF, has been studying the arts for
over 50 years (since 1967) and is the

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highest graded student of Sensei Higaonna Morio in Europe.

Okinawan Traditional Goju Ryu

Karate-do Association - Home

DUNEDIN TRADITIONAL KARATE SCHOOL is dedicated to offering great martial arts programs to the residents of Dunedin, Clearwater, Palm Harbor, and the surrounding area. At our dojo, we teach traditional Okinawan Goju-Ryu Karate using the methods originally developed by the style's founder Sensei Chojun Miyagi. These methods have been passed down in their original form from one generation to the next.

Dunedin Traditional Karate – A

Tradition Of Excellence

G?j?-ry?, Japanese for "hard-soft style", is one of the main traditional Okinawan styles of karate, featuring a combination of

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hard and soft techniques. Both principles, hard and soft, come from the famous martial arts book used by Okinawan masters during the 19th and 20th centuries, the Bubishi. G?, which means hard, refers to closed hand techniques or straight linear attacks; j?, which means soft, refers to open hand techniques and circular movements. G?j?-ry? incorporates both ...

G?j?-ry? - Wikipedia

The style we train in is Okinawan Goju-Ryu Karate, a complete martial art with lineage that can be traced back over many centuries. Goju-Ryu translates to ‘hard & soft style’, a concept that underpins our extensive curriculum. Our classes consist of traditional warm-ups, basic skills, close quarter fighting, long distance and ground fighting.

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Home • Bungendore Traditional Karate
Karate, The Traditional Okinawan Martial
Art Welcome to the International
Okinawan Goju-Ryu Karate-do Federation
of New Zealand (IOGKFNZ) web site.
IOGKFNZ is New Zealand's largest Goju-
Ryu Karate body, and is affiliated to the
International Okinawan Goju-Ryu Karate-
do Federation (IOGKF). IOGKF Supreme
Master is Higaonna Morio Sensei.

Goju Ryu Karate - IOGKFNZ | Okinawan Goju Ryu Karate-Do

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GOJU... *Wawa Goju Ryu Vol 2*

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Okinawan Goju-ryu Karate-do Federation,
1551 W. Mission Road, Suite A, San
Marcos, California 92069, USA

An Analysis of Sidedness in Traditional Goju-Ryu Karate ...

From Shaolin temple and Chinese boxing origins, to the style of Naha-te, its further development into Okinawan Goju-ryu and the formation of the International Okinawan Goju-ryu Karate-do Federation, the history of our art spans hundreds of years. Passed from Master to student, the art was trained and the history was

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