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Table of contents: Chapter 1: An Overview of Nutrition Chapter 2: Planning a Healthy Diet Chapter 3:

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Digestion, Absorption, and Transport Chapter 4: The Carbohydrates: Sugars, Starches, and Fibres
Chapter 5: The Lipids: Triglycerides, Phospholipids, and Sterols Chapter 6: Protein: Amino Acids

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She is a founding member of Nutrition and Health Associates, an information resource center that maintains a research database on more than 1,000 nutrition-related topics. She has taught at Florida State University and coauthored several college nutrition textbooks, including UNDERSTANDING

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